



The Saluda Counseling Center
2400 West Main Street
Rock Hill, SC 29732

Controlled Substance Policy

Sleep, anxiety, or an inability to concentrate may be treated with controlled substances such as Xanax or Ritalin. When these drugs are misused there are possible dangers of accidents, seizures, accidental overdoses, and toxic effects (such as when these medications are used in large doses, mixed with alcohol, marijuana and illegal drugs, and even medications prescribed for blood pressure, pain, and allergies). These medications, when misused, can interfere with the metabolism of other medications and cause potentially dangerous inter-reactions. To prevent problems, the following policies will be followed.

Controlled substances will not be prescribed or refilled on week-ends. A 48-hour notice is required to obtain the records, call the pharmacy, or write the prescription for any medication, and this cannot be done on the week-end. If a sedative drug is needed, a non-controlled medication such as Neurontin or an anticonvulsant will be prescribed. If a patient loses or has stolen a prescription for a controlled substance or the medication itself, he or she may be discharged from the practice. If there is evidence of overuse, misuse, failure to keep appointments, or an inability of a patient to control their use, no further prescriptions for controlled substances will be given. Instead an anticonvulsant such a Neurontin may be prescribed to prevent withdrawal. Losing two prescription or repeated requests for early refills may result in a patient being discharged from the practice.